

BUBBLES

A Community Based Specialist Parenting Programme



Bubbles is a community based programme created for parents who need support with drug treatment and parenting, especially where this forms part of a child protection plan. The Bubbles team is made up of some professionals (a Health Visitor, a parenting expert and drug treatment professionals etc)

and some 'Mentor parents'. These parents, just like you, have experience of drug treatment and Social Services.

They have completed their own treatment journeys and now volunteer to work with other parents who face similar challenges.

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The aim of the programme is to ensure that you, as a parent, are well supported in parenting and in attending drug treatment. You will be asked by the Bubbles team to plan with them a timetable of activities which will meet your particular needs. It should take into account other appointments that you may have so that you do not find you are overloaded with activities.

Some parents request referral to the programme, in other instances families are referred by Social Services. If you are referred by Social Services the Bubbles team will report your attendance at these sessions to your Social Worker. This means that you will not have to apply to individual services to create reports for you every time your Social Worker asks for information as the Bubbles team will contact them every month on your behalf. The

philosophy of Bubbles is that all families have strengths and the Bubbles team aim to work with you to develop these strengths. You will also be encouraged and supported to make use of other family services in your area such as your local Children's Centre.

At the end of the programme we will provide your Social Worker with a final report on your time with us. We will also ask you to tell us what you think of the programme. We really value your feedback as this is the only way we can be sure that we are getting it right!

We hope that you and your family will enjoy your time with us and find the programme helpful.

The Bubbles Team

Bubbles Team Contact list

Lifeline Community Drugs Service (CDS):
0208 985 3757 (ask for the women's service)

Marilyn O'Donoghue (Health Visitor):
07968 868 661

Nikki Moore (Midwife):
07786 250 915 or 0208 510 7805

Patricia Darby (Mentor Mum): 07940 400 599

Celia Jeffereys (Midwife): 07786 198 320

Bubbles Team Venue Details

Sebright Children's Centre:
Haggerston Park, Queensbridge Road
Hackney E2 8NP
Tel: 0207 749 1210

Ann Tayler Children's Centre:
1-13 Triangle Road
Hackney E2 3RP
Tel: 0207 275 6020

Comet Children's Centre:
21 Halcomb Street
Hackney N1 5RF
Tel: 0207 729 0936